

Programme planner: Expedition section

The Award is the world's leading youth achievement Award which gives 14-24 year olds the opportunity to be the best they can be. There are three progressive levels of programmes, which when successfully completed, lead to a Bronze, Silver or Gold Award.

Gaisce - The President's Award and The Duke of Edinburgh's Award work in partnership through the Joint Award Initiative (JAI) to offer Award participants in Northern Ireland a choice of recognition for their achievements. They can choose a Duke of Edinburgh's Award, a Gaisce – The President's Award or a Duke of Edinburgh's International Award Certificate.

What is this programme planner for?

When completing each section of your programme, you should develop a programme which is specific and relevant to you. This sheet will help you to plan your programme for the Expedition section.

For help and support either see your Leader or visit www.theawardni.org.

The Expedition section – why do it?

Going on an expedition gives you the chance to have an adventure, work as a team, and act on your own initiative.

How long should I do activities for the Expedition section?

Level	Minimum time	Notes
Bronze	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying).
Silver	3 days and 2 nights	At least 7 hours during the daytime (at least 3½ of which must be spent journeying).
Gold	4 days and 3 nights	At least 8 hours during the daytime (at least 4 of which must be spent journeying).

Programme plan for: *(your name)* _____

How do you want to travel on your expedition? *(tick box)*

- By foot By bicycle By boat
 By canoe or kayak By wheelchair On horseback

How will you research what you can do for your expedition? *E.g. ask Leader/family/friends, research on the internet*

Where will you go on the expedition? What will you do? Who will you go with?

How will this challenge you?

What are your goals? What do you want to achieve?

Who is going to help you complete your activity? *E.g. Who is going to help you prepare for the expedition? Who is going to supervise you? Who is going to assess you?*

What evidence will you collect to show your progress? *E.g. How will you give your presentation?*